

Call for participants: **Living Library Week**



What is the Living Library Week ?

It is a project coordinated by SCI Italy in partnership with Utilapù, SCI Austria, SCI Catalunya, Eduraduno, Laboratorio53 and SCI Hellas and co-funded by the European Union's Erasmus+ programme.

A group of young people from **Italy, Catalonia, Greece, Hungary, and Austria** will have the opportunity to explore together the themes of emotional intelligence and interpersonal relations, through the Living Library tool. Together we will become living books ready to tell our stories and to be read by other young people.

When and where is the Living Library Week ?

It will take place from **4th to 13th of May** at La Città dell'Utopia, a social laboratory in Rome.

What is a Living Library ?

The Living Library methodology aims to build a positive framework for communication between people, challenging stereotypes, and prejudices through dialogue. Using tools such as **storytelling, theater and art therapy**, participants will explore their own bodies as spaces in which to create and give form to their own feelings, opening the possibility to re-narrate and re-write their own life story. The theme of each book is the life of a person, and the narrator is the same individual who, through their voice and testimony, shares not only words and expressions but also their own values and beliefs, norms, and myths of the communities in which they were raised. This methodology allows not only to bring

people together but also to develop their emotional abilities with an important impact in terms of personal development and active citizenship.

What are the requirements?

- be between 18 and 25 years old
- have a positive and proactive attitude
- have interest and curiosity about the stories of people from different backgrounds
- have the desire to get involved
- have a good knowledge of English
- be able to cooperate with the organisational team
- being from **Italy, Catalonia, Greece, Hungary, and Austria**

Logistics, financial conditions, and sustainability

Simple life: The project will take place in La Città dell'Utopia in Rome, which is a community house with simple living conditions. You will sleep in a room shared with a few other people.

Money, money, money: We can cover all essential costs of the program (including food, travel costs up to a maximum amount per country, visa costs, accommodation, and training) through a European project grant by Erasmus+. The travel is reimbursed for participants up to a maximum of €180 after tickets and boarding passes submission

Sustainable food: The food we provide will be vegan/vegetarian. This is not just a practical decision, but also an ideological one: SCI believes in the values of sustainability and climate justice – and if we want to contribute to a more peaceful planet, we need to give up on industrialised animal agriculture and its destructive effects on our planet. You can tell us, if you have any diets, allergies, or intolerances that we should be aware of.

Sustainable travels?: This is also why we ask you to come to this youth exchange through more sustainable means of transport rather than flying (e.g. by train or bus), if somehow possible. We will give you more guidance on how you can reach the venue once you are accepted to the project.

COVID

In order to attend this project, participants have to be fully protected with vaccines accepted by the EU (BionTech/Pfizer, Moderna, AstraZeneca, Johnson and Johnson + Sinopharm and Sinovac) or recovered from COVID-19, since it is

the law in order to enter in the country without doing a quarantine. We will have a hygiene concept for the group during the seminar and will follow all regulations by the authorities

How to apply?

You can send your [application form](#) until the 14th of april to supporto@sci-italia.it

For more information please contact:

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