



# WORKCAMP INFOSHEET



## **Hello and welcome on board!!!**

We are very happy that you have decided to join our workcamp.

Working together for a **good cause** in a common effort, living in an **international group**, meeting new people, exchanging ideas and **learning** from each other is a special and unique experience, not only for the project but also for each volunteer.

With this infosheet we want to give you some more details about what to expect from the camp. Please read it carefully.

We wish you a great workcamp experience!

*Your SCI Team in Catalonia*

### **If you have to contact with SCI CATALUNYA...**

Monday and Wednesday 15.00 - 19.00 / Tuesday, Thursday and Friday 10.00 - 14.00

ADDRESS: SCI-Catalunya, Carrer del Carme, 95, 08001, Barcelona

EMAIL: [incoming@sci-cat.org](mailto:incoming@sci-cat.org) / TEL.: (+34) 93 441 70 79

\* Please ask for the responsible of the Volunteering Area

## SCI HISTORY

The roots of Service Civil International lie in a very practical peace project. In 1920, a group of actively engaged persons from different countries, concerned about aggression and destruction carried by the war and ignoring the fact that their armies not long before had belonged to the opposite camps, gathered to reconstruct a war-torn village called Verdun, on the French and German border. The initiative came from a Swiss man called Pierre Ceresole. It was his idea to work together in a spirit of friendship and demonstrate a concrete act of international solidarity. He wanted to show that people of different nationalities and origin can work and live together, instead of being each other's enemies.



This very same idea still lies in the heart of all activities of Service Civil International. International voluntary projects are seen as a tool for creating intercultural understanding and solidarity between people of different backgrounds. Volunteers are active in projects of reconstruction, ecology, social inclusion, North-South solidarity and more. Every year, thousands of volunteers experience the dream of peace becoming a reality!

We, as SCI, understand peace, just like war and justice, as a human creation. War is the ultimate form of non-peace but peace is much more than the absence of war or of physical and structural violence. Peace includes social justice, mutual respect, community spirit, freedom of opinion and speech, a healthy environment and sustainable use of natural resources. Peace is not a static situation that can be created once and for all. Working for peace is an ongoing process which requires commitment and personal engagement. During the project participants will have an opportunity to learn by working in an international group of people from diverse backgrounds. There will be space to reflect on the philosophy of SCI as a peace-building organisation.



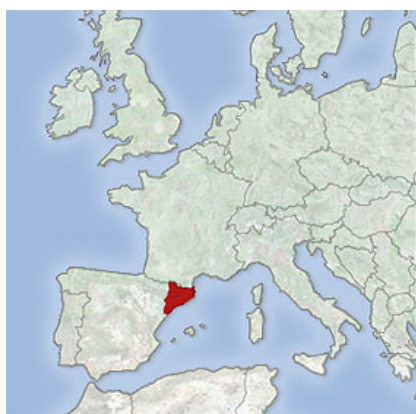
## SCI IN THE WORLD AND IN CATALONIA

SCI is now active all over the world. Nowadays, around 14.000 active members and volunteers belong to SCI, gathered in **44 national branches and groups**. In the international arena, SCI has got an advisory status at **UNESCO** and **Council of Europe** and is a member of the Co-ordinating Committee of International Voluntary Service (**CCIVS**), Association of Voluntary Service Organisations and European Youth Forum. In 1987, it was awarded the title of **Messenger of Peace** given by the United Nations, in acknowledgement of its efforts to promote peace and understanding. Many of national and local programmes of SCI are supported by governments and by the authorities of local level.

**SCI Catalonia** is one of the two SCI branches in Spain: we are based in **Barcelona**, while the other branch is in Madrid. It is the oldest branch in Spain (since 1982) and it assists volunteers of Catalonia, Valencia and the Balearic Islands, organizing in turn workcamps and other projects in these same territories. The scope of activities through which we aim to contribute to a culture of peace and of justice and sustainable development has been gradually expanding. Currently, our working lines are:

1. **Workcamps** (short-term volunteering);
2. **Medium and Long Term Voluntary Projects** (such as EVS);
3. **Actions and projects on raising awareness and education**, aimed at creating a space for exchange and training on issues that are significant for us (sustainable development, post-conflict reconstruction, international action in contexts of war, peace education, origin and causes of violent conflict, North-South relations, experiences of successful international cooperation, etc.);
4. **International Youth Exchanges** (exchanges of youth groups based on the issues of intercultural coexistence, peace education and violence prevention);
5. **Projects of international cooperation for development;**
6. **Local groups of volunteers.**

## ABOUT CATALONIA



Catalonia is a land of more than **two thousand years of history, tradition and culture**. A land with beautiful scenery, rich cultural heritage and open-minded, innovative people. A land of industry and technology, art, fashion and design; a land of nature and sports, of gastronomy and entertainment.

Catalonia has always been hospitable and open to the outside world, thanks to its long tradition of international trade. Catalan culture is both **national and cosmopolitan**, generally belonging to the Mediterranean tradition, but different from most other places of the Iberian peninsula

in several aspects, starting from its language: **Catalan** (spoken by around 14 million people) or its **traditional folk culture**. With over seven million inhabitants and an area of almost 32 thousand km<sup>2</sup>, Catalonia basks in a privileged, temperate, Mediterranean climate all year round.

Catalonia offers visitors a tremendous range of opportunities to enjoy culture and history, with several architectural and artistic treasures, sites and monuments, and with its unique **seaside** (like Costa Brava), **mountains** (like Pyrenees or Montserrat), or **cities** (like Barcelona or Girona).



Moreover, Catalan cuisine has become firmly established in recent years as a reference point, both in the Mediterranean area and at world level. And there are many other secrets to unveil and activities to enjoy!



## USEFUL PHRASES

ENGLISH	CATALAN	SPANISH
Hello! How are you?	Hola! Com estàs?	¡Hola! ¿Qué tal/Cómo estás?
Fine	Bé	Bien
Bad	Malament	Mal
So so	Més o menys	Más o menos
Good morning	Bon dia	Buenos días
Good afternoon	Bona tarda	Buenas tardes
Good night	Bona nit	Buenas noches
See you soon!	Fins aviat!	¡Hasta luego!
Goodbye!	Adéu!	¡Adiós!
Yes/No	Sí/No	Sí/No
What's your name?	Com et dius?	¿Como te llamas?
My name is...	Em dic...	Me llamo...
Where are you from?	D'on ets?	¿De dónde eres?
I am from...	Sóc de...	Soy de...
Nice to meet you	Encantat/da de conéixe't!	Encantado/a
Thank you!	Moltes gràcies!	¡Gracias!
You are welcome	De res	De nada
Excuse me	Perdoni	Perdone
Could you help me please?	Vosté em pot ajudar, si us plau?	¿Puede ayudarme por favor?
Where can I find...?	On puc trobar...?	¿Dónde puedo encontrar...?
The train station	L'estació de tren	La estación de trenes
A shop	Una botiga	Una tienda
I am hungry/thirsty	Tinc gana/set	Tengo hambre/sed
I would like to...	M'agradaria....	Me gustaría...
Enjoy your meal!	Bon profit!	¡Buen provecho!
What time is it?	Quina hora és?	¿Qué hora es?
It hurts	Fa mal	Me duele
I don't understand	No ho entenc	No entiendo

## YOUR WORKCAMP

### ESSENTIAL INFO

<b>NAME</b>	Archaeology in Mallorca
<b>CODE</b>	ES-CAT
<b>PLACE</b>	Son Servera, Mallorca, Spain
<b>DATES</b>	18 October 2015 - 31 October 2015
<b>N. VOLUNTEERS</b>	8+2 coordinators
<b>PROMOTOR</b>	Ajuntament de Son Servera. Regidoria de Patrimoni
<b>Contact</b>	Antoni Puig + 34 619 320 769
<b>CAMP LEADER</b>	To be determined. Until then, if you have any questions, don't
<b>Contact</b>	hesitate to contact us at: <a href="mailto:incoming@sci-cat.org">incoming@sci-cat.org</a>
<b>MEETING POINT</b>	Ajuntament de Son Servera. Plaça de Sant Ignasi, 1. 07550
<b>AND TIME</b>	Son Servera, Mallorca <b>October 18th at 18:00</b> , work will start the following day.

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### THE PROJECT

#### Project description

Volunteers will participate in an archaeological dig which forms part of a wider project aiming to use archaeology and local history to preserve and promote heritage and culture to the local community and to international volunteers.

#### Volunteer's Tasks

Work involves excavating an archaeological dig site, cleaning the ruins, facilitating access to the site by clearing land and making paths (by moving rocks, cutting bushes, etc). All work will be done under the supervision of qualified archaeologists.

#### Study Part and Leisure Time

Archaeological heritage and how it brings communities together. There will be guided tours so the volunteers can get to know the historical and archeological heritage of Son Severa.

## Accommodation and Meals

Volunteers will sleep in a reformed monastery in triple and double rooms with good modern facilities. Please bring your own sleeping bag. Food will be provided by local restaurants and volunteers will prepare their own breakfast with food provided. Special diets can be accommodated.

## WHAT TO BRING?

### Essential:

- **sleeping bag**
- comfortable clothes, swimsuit
- towels, shampoo and shower gel
- all necessary documents (medical insurance, travel documents, invoices, boarding passes etc.)
- adaptors used in European countries

### Optional:

- Sunscreen lotion
- Something typical from your country to share (for example: drinks, snacks, musical instruments, songs, games or recipes)
- Camera (at the end of the camp season there will be a **photo contest** and the winner will receive a souvenir of SCI Catalonia directly at her/his home! ...surpriseee!!)
- ... and don't forget the most important thing... your smile!!!!



*\*Remember: extra money (to be used during free time/days) is your responsibility.*

## TRAVEL TIPS

The **MEETING POINT** will be ...  
Ajuntament de Son Servera. Plaça de Sant Ignasi, 1. 07550  
Son Servera, Mallorca  
**October 18th 2015 at 18:00pm**

\* If you won't be able to be there for whichever reason, please send an e-mail [incoming@sci-cat.org](mailto:incoming@sci-cat.org) or call (+34) 93 441 70 79 and we will arrange something different for you!



## How to get there:

The nearest and best connected airport is Palma de Mallorca.

How to get to Son Servera:

From Palma de Mallorca airport you can

- go by taxi to 'Ses Fontanelles' bus stop, then take the bus 454 to Portocristo. There, in Plaça de Sa Mora, take the **bus 432** towards Cala Millor and get off in street c/ **Joana Roca** and walk to Plaça de Sant Ignasi (~5 min).
- go by bus to **Palma** city centre (the blue and white ones) and, at the '**Estacio Intermodal**' (near Plaça d'Espanya), take the **bus 412** towards Son Severa, get off at **Av. Constitució** and walk to Plaça de Sant Ignasi (~5 min).
- go by train T3 to Manacor. There, you should walk to Plaça de sa Móra where you can take the **bus 432** towards Cala Millor and get off in street c/**Joana Roca** and walk to Plaça de Sant Ignasi (~5 min).

You can see all time tables here: <http://www.tib.org/en/web/ctm/inici>

## ROLES AND RESPONSIBILITIES

We are doing our best to bring you the greatest workcamp experience possible. Our role as staff of SCI Catalonia Volunteering Area is to help promoters organise workcamps and manage the placement of volunteers (welcome the incoming participants and send local volunteers abroad). Every aspect of our job follows the SCI guidelines.

**In order to avoid any misunderstanding, we want to clarify each stakeholder's role and responsibilities:**

**PROMOTER/HOST ORGANISATION:** The group proposing the project, such as an association or a municipality. It's their responsibility to provide food and accommodation for the volunteers, to organise the working part and to provide all necessary working tools. There will always be a contact person who represents the promoter.

**CAMP LEADER/COORDINATOR:** A volunteer recruited and trained by SCI whose main duty is to communicate with the SCI branch from the camp (if needed) and to help international volunteers with their daily tasks as a facilitator. She/he can also be a mediator for the group. Camp leaders are not expected to organise activities during the free time, although they might suggest some activities and they should help in the implementation of volunteers' proposals, in accordance with the logistical support available.

**YOU, as a VOLUNTEER:** You are the most important element of the workcamp. “Community involvement” means that you will share about 10 days with other people in a multicultural context. We hope that you will behave according to SCI values, with the final aim to promote peace. Conflicts may arise, but your cooperation and understanding will make the difference!

**VERY IMPORTANT:** SCI insurance is a complementary insurance and **will not reimburse costs**, which fit an international agreement between Spain and your country. All participants are asked to check with the Health Insurance Centre of their country what to do to be reimbursed in case of accident or illness occurred during their stay in Catalonia.

*Volunteers from E.U-Countries must bring the European insurance card to the camp!*

## TAKE CARE OF THE ENVIRONMENT...

Climate change is causing more and more forms of extreme weather – droughts, floods, rising sea levels... Recent climate change is having a strong impact on biodiversity, as the life cycle of many plants and animals is closely linked to the seasons changing.

Nowadays, the biggest concern regards the CO<sub>2</sub> level increase due to fossil fuel combustion and disproportionate use of aerosols. Intense land use, ozone depletion, animal agriculture and deforestation also badly affect climate change.

**We should not forget that even our small daily actions can help the environment and influence the overall climate change.**

We would like to challenge you to think about what you can do to make your way of travelling and living as eco-friendly as possible!

**Please consider that the cheapest way to get to a place may not be the best for our environment!**

